



Cours 05/2024

Looking inside the Hand.

A combination of hand anatomy in vivo and assessment of the wrist. Evidence-based Rehabilitation suggestions for wrist instability

Objectifs :

- renewed knowledge and better visualisation of the extrinsic and intrinsic muscles/tendons in the hand
- better practical skills to palpate and mobilize the individual carpal bones
- knowledge of specific wrist provocation test
- the practical skills to perform these specific wrist provocation test
- knowledge of the most common wrist pathologies
- the knowledge how to train the stability of the wrist based on the recent literature, and the SmoC-program.

Contenus :

- Anatomy in vivo, (colour markers by the participants will be needed)
- Palpation and mobilisation of the carpal bones
- Instability testing of the wrist
- Sensorimotor control-based stabilisation program training (SMoC)

Intervenant : Paul De Buck, Hand Therapist, University of Ghent, Bachelor and Master of Science in Rehabilitation Sciences and Physiotherapy. European Certified Hand Therapist. Belgique

Dates : 5 & 6 décembre 2024

Lieu : Hôtel Alpes et Lac, Neuchâtel
Place de la gare 2, CH-2002 Neuchâtel, Tel. 032 723 19 19
e-mail : hotel@alpesetlac.ch

Destinataires: Ergothérapeutes, physiothérapeutes travaillant en thérapie de la main
Nombre de participants max. : **18 personnes.**

Prix: y compris pauses et repas de midi

Membres SSRM : CHF 460-
Non membres : CHF 530-

Délai d'inscription : 6 octobre 2024